

# 2023 VANDEBILT CATHOLIC

## SPEED CLINIC

MONDAY, JUNE 12 AND MONDAY JUNE 19

6:00 PM

VANDEBILT CATHOLIC HIGH SCHOOL TRACK

GRADES: 5TH-10TH

COST: \$30 PER SESSION



Registration Instructions: All money and forms can be turned on the day of the clinic. No forms will be accepted in advance by mail.

Camp Director: Head Girls Basketball Coach and Head Boys Track and Field Coach, Jerwaski Coleman

Camp Objective: Build the foundation for future athletic success in any sport. Focus on proper running mechanics, acceleration, explosive power, and reaction time.

Contact: Coach Jerwaski Coleman, 985-876-2551 or jcoleman@hdiocese.org

Camper's Name: \_\_\_\_\_  
(first) (middle) (last)

Date of Birth: \_\_\_\_\_ T-shirt Size: \_\_\_\_\_

Grade (23-24 school year): \_\_\_\_\_

School (23-24 school year): \_\_\_\_\_

Parent/Guardian's Name: \_\_\_\_\_  
(first) (last)

Relationship to Camper: \_\_\_\_\_

Address: \_\_\_\_\_  
(street address, city, state, zip)

Phone Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

Please list any medical conditions: \_\_\_\_\_

☐ I give Vanderbilt Catholic High School permission to publicly use pictures that may include my child through our website, social media, and online/print publications to promote future summer camps.

Parent Signature: \_\_\_\_\_

[vanderbiltcatholic.org/summeryouthcamps](http://vanderbiltcatholic.org/summeryouthcamps)

