

ATHLETIC PAPERWORK

For the 2023-2024 school year, the Athletic Department will continue with the procedure for turning in athletic paperwork (physical, etc.) All paperwork will need to be turned into the Head Coach of the athletes' first sport he/she participates in or to the Athletic office. All athletes MUST have a physical to try out for a sport. It is strongly encouraged for parents to make a copy of the physical (or packet) for their records. Thank you for your cooperation!

God Bless,

Kayla Vicknair

Athletic Director



2023-2024 VCH TERRIER ATHLETICS



Please Print the Following:

Name of Student Athlete:				** · · · · · · · · · · · · · · · · · ·
Grade of Student Athlete:				Marian de la companya
Please circle one of the following:	MALE	FEMALE		4
Sports Considering:			_	
Name of Parents or Guardian:			_	
S THIS YOUR FIRST TIME PARTICIPATI	ng in a spof	RT AT VCH?	YES	NO
(IF YES PLEASE ATTACH A COPY OF BIRTH	CERTIFICATE!!	!!)		

Participation in the Vandebilt Catholic Athletic Program is a privilege, not a right. Upon making the decisiot to participate, student- athletes and Parents must be prepared to make a commitment to the program. In addition, participation requires student-athletes and their parents to accept and abide by the policies and procedures as required by Vandebilt Catholic High School in its rules and codes for all students, as well as those of the Louisiana High School Athletic Association (LHSAA). If you have questions about any of this information, please do not hesitate to call the Vandebilt Catholic Athletic Office and speak with the Athletic Director.

**ALL PAPERWORK MUST BE COMPLETELY FILLED OUT AND RETURNED TO THE ATHLETIC DEPARTMENT, BEFORE A STUDENT ATHLETE CAN PAPRTICIPATE IN ANY SPORT-INCLUDING TRYOUTS!

LHSAA MEDICAL HISTORY EVALUATION

Page 1 of 2

IMPORTANT: This form must be completed annually, kept on file with the school, and is subject to inspection by the Rules Compliance Team.

Please Print

Name:	School:	Grade:	Date:
Sport(s):	Sex: M / F Date of Birth:	Age:Cell Phone:_	
Home Address:	City: State:	Zip Code: Home Phone:	
Parent / Guardian:	Employer:	Work Phone:	
	s No Condition Will Sudden Death High Blood Pressure	ions? Nom Yes No Condition Cond	Whom
ATHLETE ORTHOPAEDIC HISTORY: Yes No Condition Head Injury / Concussion Elbow L / R Lower Leg L / R Foot L / R Chest Has the athle Date	lete had any of the following injuries? Yes No Condition Neck Injury / Stinger Arm / Wrist / Hand L / R Thigh L / R Chronic Shin Splints Severe Muscle Strain Previous Surgeries:	Date Yes No Condition Shoulder Land Back Shee Land Report Ankle Land Report Prinched New	
☐ ☐ Heart Murmur / Chest Pain / Tightness ☐ Seizures ☐ Kidney Disease ☐ Irregular Heartbeat ☐ Single Testicle ☐ High Blood Pressure ☐ Dizzy / Fainting ☐ Organ Loss (kidney, spleen, etc)	Yes No Condition Asthma / Prescribed Inhaler Shortness of breath / Coughing Hernia Knocked out / Concussion Heart Disease Diabetes Liver Disease Tuberculosis Prescribed EPI PEN	☐ ☐ Rapid weight loss / gain☐ Take supplements/vitam	ins
List Dates for: Last Tetanus Shot:	Measles Immunization:	Meningitis Vaccine:	
	PARENTS' WAIVER FO	RM	
To the best of our knowledge, we have given true & evaluation involves a limited examination and the screen examination is provided without expectation of payment, care provider and/or employer under Louisiana law. This waiver, executed on the date below by the und student athlete named above, is done so in compliance or caused by any act or omission related to the health care was caused by gross negligence. Additionally, 1. If, in the judgment of a school representative, the nar or sickness, I do hereby request, consent and author 2. I understand that if the medical status of my child chall will notify his/her principal of the change immediatel 3. I give my permission for the athletic trainer to release director/principal of his/her school	accurate information & hereby grant pring is not intended to nor will it prevent there shall be no cause of action pursulersigned medical doctor, osteopathic with Louisiana law with the full understaservices if rendered voluntarily and with med student-athlete needs care or treatize for such care as may be deemed not anges in any significant manner after his ly	ermission for the physical screening evaluating or sudden death. We further understant to Louisiana R.S. 9:2798 against the foctor, nurse practitioner or physician's as noting that there shall be no cause of action out expectation of payment herein unlessement as a result of an injury expensary	stand that if the team volunteer health-sistant and parent of the on for any loss or damage s such loss or damage Yes NoYes NoYes No
Date Signed by Parent	Signature of Parent	Typed or Printed N	lame of Parent

Health Care Provider section on page 2

LHSAA MEDICAL HISTORY EVALUATION Page 2 of 2

IMPORTANT: This form must be completed annually, kept on file with the school, and is subject to inspection by the Rules Compliance Team.

			Date of Birth:						
ichool:			Grade:	Sport(s):	****			
. COMPLETED	ANNUALLY E	BY MEDICAL DO	CTOR (MD), OSTEOPATHI	C DR. (DO),	NURSE PRACTIT	TONER (APRN) or PH	YSICIAN'S AS	SSISTANT (PA	
Height		Wei	ght	Blo	od Pressure		Pulse_		
EENERAL MED NT ungs leart .bdomen kin	DICAL EXAM : Norm □ □ □ □ □ □ □ □ □	Abni							
RTHOPAEDIC	EXAM:								
Spine / Neck			II. <u>Upper Extrer</u>	nity		III. <u>Lower Ex</u>	III. Lower Extremity		
Cervical Thoracic .umbar	Norm □ □ □	Abni	Shoulder Elbow Hand / Fingers Wrist	Norm	Abni	Knee Hip Ankle	Norm	Abn	
lealth Care Pro	vider notes (if n	eeded):							
] Medically eli	igible for all sp	oorts without res	triction						
] Medically eli	igible for certa	in sports							
] Medically eli	igible for all sp	orts without res	triction with recommendat	ions for fur	her evaluation o	r treatment of			
Not medical	ly eligible pen	ding further eval	uation						
] Not medical	ly eligible for a	ny sports							
nis recommen	idation is from	a limited screen	ing.						
Printed Name	of MD, DO, AP	RN or PA	Signature of MI	DO APRI	J or PA	Date	of Medical E	ivamination	

Revised 5/23

This physical expires 13 months from the date it was signed and dated by the MD, DO, APRN or PA.

Louisiana High School Athletic Association

Athletic Participation/Parental Permission Form

This form must be completed and signed by the student-athlete's parent prior to a student's participation in an athletic contest and shall be kept on file with the school. It shall remain in effect for the remainder of the student's eligibility unless the student transfers to another member school. This form is subject to review/inspection by the LHSAA or its representative.

PART I: STUDENT INFORM	MATION (Please Print)	
Student's Name: (Last, First, I	Middle)	School Year:
Date of Birth:		_Last Four Digits of SSN:
Home Address:		
My child entered ninth grade i	n(monti High School.	h and year). Last semester/year he/she attended
	ARE YOU	U ELIGIBLE?
A student athlete in an LHSAA so	chool must meet the following	rules to be eligible for interscholastic athletic competition:
RULE		COMMENTS
BONA FIDE STUDENT	taking the required numbe cript unless student is a sp must be counted as a stu-	d in and attending an LHSAA member school on a regular basis and or of subjects which shall be recorded on the student's official transpecial education student or in the 8 th grade or below. A student shadent on the daily attendance records of the school he/she attendatakes you a student at that school.
ENROLLMENT		and attending a school in the first 11 school days of the school will be ineligible for the first 30 school days.
AGE	A student shall not become	e 19 years of age prior to August 1 of this year.
PROOF OF AGE		al proof of age, which meets the provisions of the LHSAA dministrator to be kept on file at school.
CONSECUTIVE SEMESTERS	Once a student shall enter play athletics. (EXCEPTIO handbook)	the ninth grade, he/she shall have eight consecutive semesters to N: Hold-Back Repeat Student – See Rule 1.26.6 of the LHSAA
SCHOLASTIC	For regular education high pass at least six subjects	school students at the end of the first semester a student shall s in all subjects taken.
	least six units with an ov	prior to the next school year, a student shall must have earned at erall "C" average for the entire previous school year as all units taken. All seniors must take at least four (4) subjects each
	Special education students scholastic information.	s must consult the school principal, athletic director, or coach for
RESIDENCE AND SCHOOL TRANSFERS	member school located in to parent(s)/guardian(s) or an past calendar year and be	for the first time, a student shall have the choice to attend any the attendance zone in which the student resides with his/her by other household with whom the student has been residing for the immediately eligible unless an applicable exception applies. As school in the same attendance zone shall render the student

AMATEUR A stud
INDEPENDENT TEAM In cert

UNDUE INFLUENCE

If a student shall has been recruited to a school for athletic purposes, he/she shall remain ineligible as long as the student attends that school.

A student cannot play high school athletics if he/she loses their amateur status.

ineligible for one calendar year.

In certain sports a student cannot play on a school team and an independent team during the same sport season.

MEDICAL EXAMINATION

A student shall annually pass a physical examination given by a licensed physician/ nurse practitioner that is in collaboration with a licensed physician or a licensed physician's assistant under the supervision of a licensed physician and complete an LHSAA Medical History Evaluation form prior to participating.

ATHLETIC PARTICIPATION/

A school shall only be required to have this form completed and signed prior to the first time PARENTAL PERMISSION FORM a student participates in LHSAA athletics at the school unless the student transfers to another member school.

SUBSTANCE ABUSE/MISUSE A school shall only be required to have this form completed and signed prior to the first time a CONTRACT & CONSENT FORM student participates in LHSAA athletics at the school.

SUSPENDED AND

INELIGIBLE STUDENTS

Shall not participate in any interscholastic contest on any team at any school at any level.

LHSAA ELIGIBILITY RULES APPLY TO STUDENT-ATHLETES ON ALL TEAMS AT ALL LEVELS OF PLAY AT ALL LHSAA **SCHOOLS**

Eligibility to participate in interscholastic athletics is a privilege a student earns by meeting standards outlined on this form and other regulations and policies set by the LHSAA and the student's school. If you have questions or do not fully understand an eligibility rule, check with your child's principal, athletic director or coach. By following the intent and spirit of the rules, you can help prevent violations which may penalize the student, his/her team and/or his/her school.

ONE INELIGIBLE STUDENT MAY DISQUALIFY YOUR WHOLE TEAM - KNOW THE ELIGIBLITY RULES

PART II - PARENTAL PERMISSION

I have read and reviewed the general requirements for high school athletic eligibility on this form and have discussed these requirements with my child. I understand additional questions/explanations and specific circumstances should be directed to my child's principal, athletic director or coach.

I certify the home address listed on this form is my sole bona fide residence and that I will notify the school principal immediately of any change in my residence, since such a move may alter the eligibility status of my child. All other information given is also accurate and current.

I give my permission for the athletic trainer to release information concerning my child's injuries to the head coach/ athletic director/principal of his/her school. Additionally, I give the LHSAA or it representative(s) permission to review my child's scholastic records and all required eligibility forms however submitted by the school or myself.

If the medical status of my child changes in any significant manner after he/she passes his/her physical examination. I will notify his/her principal of the change immediately.

I hereby give my consent and approval for my child to participate in any of the following LHSAA sports:

BASEBALL **GOLF** SWIMMING BASKETBALL **GYMNASTICS TENNIS BOWLING POWERLIFTING** TRACK AND FIELD **CROSS COUNTRY** SOCCER VOLLEYBALL **FOOTBALL** SOFTBALL WRESTLING

I certify all the information is correct, that I have read the summary of LHSAA eligibility rules below and I am in compliance with these standards. I also acknowledge that my child, by my signature below, has my permission to participate in interscholastic athletics during his attendance at this school. I also understand that this form shall only be completed prior to my child's first participation in any athletic contest of any sport and shall remain in effect for his/her entire athletic eligibility unless he/she transfers to another member school.

By signing below, I agree that my child and I will support and comply with all rules, policies and procedures of the LHSAA as set forth in its Handbook, including its Constitution and Bylaws.

Date:	Parent's Signature:
Relationship to Student	(Print Name)
(Principal Signature)	



LHSAA SUBSTANCE ABUSE/MISUSE CONTRACT AND CONSENT FORM

This form must be completed and signed and kept on file with the school and is subject to inspection by the LHSAA Rules Compliance Team, As an LHSAA athlete, I,______, agree to avoid the abuse or misuse of legal or illegal substances, including anabolic steroids and other performance enhancing drugs. I hereby grant permission to be tested for substance abuse/misuse as a participant in any LHSAA sports program. I furthermore agree to cooperate by providing a urine or hair specimen for testing upon the request of my principal. I understand that should my specimen indicate the abuse or misuse of legal or illegal substances, I will be subject to action specified in my School Drug Policy for Student Athletes. I,______, parent/guardian of the undersigned student athlete, individually, and on behalf of my child, do hereby grant permission for and consent to said child being tested for substance abuse/misuse in accordance with his/her School Drug Policy for Student Athletes and I understand that if any specimen taken from him/her indicates abuse or misuse of legal or illegal substances, including anabolic steroids and other performance enhancing drugs, he/she will be subject to action specified in the School Drug Policy for Student Athletes for his/her school. Dated: Student Athlete Dated: _____ Parent/Guardian Dated: ____ Principal Dated:

ABUSE AND/OR MISUSE OF ILLEGAL SUBSTANCES - Each member school shall develop and implement a substance abuse/misuse policy including procedures for chemical testing of student-athletes. To be eligible for interscholastic athletics, prior to practicing or participating in a sport at an LHSAA school, a student-athlete and his/her parent(s)/guardian shall sign the LHSAA Substance Abuse/Misuse Contract developed and distributed to all schools by the LHSAA. Once signed, the LHSAA Substance Abuse/Misuse Contract shall remain in effect for the remainder of the student-athlete's eligibility. Schools may also have the student and parent/guardian sign a school issued form in addition to the LHSAA Substance Abuse/Misuse Contract. Schools shall be required to keep the signed form on file at the school.

Head Coach or AD

- 1.10.1 The penalties for failure to have the required LHSAA Substance Abuse/Misuse Contract(s) for all students completed, properly signed, and maintained in the school files shall be:
- 1. A school shall be fined \$50 per student, per sport for each LHSAA Substance Abuse/Misuse Form not completed, properly signed, and on file with the school not to exceed \$500 per sport.
- 2. A student in violation of this rule shall not be ruled ineligible for this infraction but shall be withheld from further team practices and interscholastic athletic participation until a copy of this form is completed and submitted to the Executive Director. The completed form must be faxed or postmarked prior to the athlete's participation

Signature of the LHSAA's contract does not necessarily mean the student athlete will be tested.

Louisiana High School Athletic Association Parent and Student-Athlete Concussion Statement

er reading (i	ne-concussion i	Fact Sheet, I am aware of the following information:	
rent Initial	Student InItIal		
	·	A concussion is a brain injury, which I am responsible for reporti	ng to my
		çoach , athletic trainer, or team physician.	
		A concussion can affect my ability to perform everyday activities	, and
		affect reaction time, balance, sleep, and classroom performance	!
		You cannot see a concussion, but you might notice some of the	symptoms
		right away. Other symptoms can show up hours or days after th	-
		If I suspect a teammate has a concussion, I am responsible for re	porting
	-	the injury to my coach, athletic trainer, or team physician.	
		I will not return to play in a game or practice if I have received a	blow to
		the head or body that results in concussion-related symptoms.	
		Following concussion the brain needs time to heal. You are muc	h more likel
		to have a repeat concussion if you return to play before your syn resolve.	nptoms
., ,	<u> </u>	In rare cases, repeat concussions can cause permanent brain da	mage, and
		even death.	
		Signature of Student-Athlete	Date
		Printed name of Student-Athlete	
		Signature of Parent/Guardian	Date
		Printed name of Parent/Guardian	-



VANDEBILT CATHOLIC HIGH SCHOOL EMERGENCY MEDICINE FORM

GENERAL INFORMATION:	
ATHLETE NAME:	DATE OF BIRTH:
SPORT(S):	GRADE:
ADDRESS:	
MOTHER/GUARDIAN NAME:	MOTHER/GUARDIAN CELL:
father/guardian name:	FATHER/GUARDIAN CELL:
PRIVATE INSURANCE (NAME/ID #):	
☐ MEDICAID (ID#):	
☐ NO INSURANCE	
IN CASE OF EMERGENCY AND PARENTS CANNOT BE R	REACHED:
(1) NAME/RELATIONSHIP:	CELL:
(2) NAME/RELATIONSHIP:	CELL:
HEALTH INFORMATION:	
FAMILY PHYSICIAN/PCP:	PHONE NUMBER:
KNOWN ALLERGIES (N/A IF NONE):	
EPI-PEN (IF APPLICABLE, PLEASE CHECK) YES_	NO
CURRENT MEDICATIONS (N/A IF NONE):	
MEDICAL HISTORY (PLEASE CHECK ALL THAT APPLY)	·
☐ CIRCULATORY/PULMONARY CONDITIONS	
☐ DIABETES	
☐ ASTHMA	
INHALER (IF APPLICABLE, PLEASE CHECK) YES_	NO
☐ concussion	
SKIN CONDITION	
☐ SEIZURE	
OTHER (PLEASE EXPLAIN):	
IF CHECKED ABOVE, PLEASE EXPLAIN:	

VANDEBILT CATHOLIC HIGH SCHOOL EMERGENCY MEDICINE FORM

Parent or Legal Guardian please read the following:

- I hereby give my permission to undergo medical treatment for any injury or illness that may be sustained or acquired during high school athletics by a certified athletic trainer.
- I understand that the certified athletic trainer will perform only those procedures that are within their training, credentials, and scope of professional practice to protect, care for, and rehabilitate athletic injuries.
- I understand that if my son/daughter suffers a potentially life threatening injury or illness, and in the event that we [parent(s)/guardian(s)] cannot be reached within a reasonable period of time, that I authorize any duly licensed medical practitioner to perform such procedures as may be medical necessary to alleviate the problem.
- I verify and understand that my child may be injured while participating in any high school athletic practice or competition.
- I understand that it is possible that my child may sustain an injury which may result in permanent disability, paralysis, or possibly death.
- I understand that paralysis may include loss of movement, feeling, and use of his/her arms, legs, and trunk that may last a lifetime.
- I understand that it is my child's responsibility to adhere to all of the rules and regulations of her/her chosen sport(s) and that any infraction of these rules and regulations may result in injury to his/her opponent or his/herself. I also understand that no modification of protective equipment or uniform shall be made.
- I understand that it is my child's responsibility to report faulty or poor fitting equipment immediately to the coach, equipment manager, or athletic trainer.
- I understand that all injuries and illnesses sustained by my child are to be reported to the athletic trainer.
- I have read, reviewed, and understand the serious Sports Injury handout (printed and or digital format) regarding ACT 259 provided.
- I have read, reviewed, and understand the concussion information handout (printed or digital format) regarding concussion management and education.
- I hereby authorize the release of copies of all current and past medical records pertaining to my medical history, including all physical and athletic training records, diagnosis, treatment history, and prognosis of injuries from your personal knowledge and/or records to our schools athletic trainer and medical staff(s). By my signature below, I release you from all liability which could relate to the release of such medical records and information.
- A photo copy of this authorization shall be deemed as effective and valid as the original.

I do hereby certify that all the above information is true and to the best of my knowledge and consent to the above:

Student-Athlete's Signature:	Date:		
Parent/Guardian's Signature:	Date:		

CHECKLIST FOR 7 TH AND 8 TH GRADE STUDENTS						
PARTICIPATING IN LHSAA-SANCTIONED ATPLETICS						
School to Civil Boylet						
School Name: School's Civil Parish Attendance Zone:						
	Grade					
Name: Birth: of SSN:	Level	<u> </u>				
1. Is the above-named student, meet the following LHSAA Rules:	1 1	· · · · · · · · · · · · · · · · · · ·				
1. Is the above-named student, meet the following LHSAA Rules: a, Bona fide student at your school? (Rule 1.3)	Yes,	No.				
b. Residence rule? (Rule 1,5)	Yes	No				
c. Scholastic rule? (Rule 1.10)	Yes	No				
d. All other LHSAA eligibility rules and regulations? (Age, Semesters, Hold Back, Eligibility Forms)	Yes	.Ņo				
2. Has this student's parents been informed (read and explained) that once the student is registered	Yes	¹ No				
and submitted on the LHSAA Members' Only website that your school shall become the student's						
school of eligibility and any subsequent transfers to any other LHSAA member school without a						
corresponding bona-fide change of residence to another civil parish shall cause this student to become ineligible for one calendar year from the date the student begins attending that school?						
3. Has this student's parents been informed that registration and submission on the LHSAA Members'	Yes	No				
Only website or participation shall constitutes a commitment to the school?	, 32	710				
4. Has this student's parents been informed that once the student is registered and submitted on the	Yes	No				
LHSAA Members' Only website or the student participate in practice or an athletic contest, the						
student's allowed consecutive semesters of eligibility to participate in high school athletics ensues,						
he:, a 7 ⁸¹ grade student shall be eligible for 12 consecutive semesters and an 8 ⁸¹ grade student shall be eligible for 10 consecutive semesters?						
5. Has this student been registered and súbmitted on the LHSAA Members' Only website or has the	Yes	No				
student participated in practice or an athletic contest at your school?						
6. Do you have a complete student folder on the above-named student that includes a birth	Yes	No				
certificate, transcript/report card and a properly completed and signed medical history and medical examination form, athletic participation and parental permission form, and substance						
examination form, athletic participation and parental permission form, and substance abuse/misuse.contract?	ŀ					
45 45 47 110 444, 444 110 414 110 110 110 110 110 110 110	L					
Contract Regarding Student's Eligibility						
I, principal of the above-named school, have informed the parent(s) of the student named above the						
student has been registered and submitted on the LHSAA Members' Only website or participates in pra-						
athletic contest, my school shall become his/her school of eligibility and any subsequent transfer to any c						
member school without a corresponding bona-fide change of residence into another civil parish shall ren						
ineligible at that school for one calendar year from the date the student begins attending that school. I also understand that registering and submitting this student and any other students in 7 th and/or 8 th grade on the						
Members' Only website during the 2014-15 and 2015-16 school years shall mandate his/her inclusion in	my scho	ol's				
2016 classification enrollment numbers.	,					
•						
SIGNED: DATE:	····	, , , , , , , , , , , , , , , , , , , 				
PRINCIPAL PRINCIPAL						
T. parent(s) or quardlan of the above-named student un	derstan <i>r</i>	l that				
I,, parent(s) or guardian of the above named student, un by allowing him/her to be registered and submitted on the LHSAA Members' Only website or to participate	ate in pra	actice				
or any athletic contest as a student-athlete for the above-named school establishes his/her school of choic	e and at	hletic				
eligibility at this school and that any subsequent transfer to another LHSAA member school without a	correspo	nding				
bona-fide change of residence to another civil parish shall render him/her ineligible at that school under attended the school for one calendar year.	er he/she	e has				
rationaga the school for one taighdar year.						

PARENT/GUARDIAN

SIGNED:

DATE